

## Interviewing Jalaja (pronounced DJA-la-dja) Bonheim, Ph.D.

Her website can be accessed at [www.jalajabonheim.com](http://www.jalajabonheim.com) or [www.evolvingtowardpeace.com](http://www.evolvingtowardpeace.com)  
(easier for listeners to spell).

For the non-profit she directs, go to [www.instituteforcirclework.org](http://www.instituteforcirclework.org) or [www.circleswork.org](http://www.circleswork.org).

### Sample Questions

- How did you get interested in the subject of peace?
- You're German, but you're also Jewish. How did growing up as a Jew in postwar Germany affect you?
- You speak about "thinking with one's head" as opposed to "thinking with one's heart." Can you explain what you mean by that?
- How do you see the relationship between women and peace? Why do you say that the feminine may hold the key to the survival of our species?
- You work with Jewish and Palestinian women in the Middle East. Talk about that experience.
- You train women to lead circle gatherings. Why do you think circle gatherings are important?
- Circle gatherings were part of many tribal cultures; we're familiar with them from the Native American tradition, for example. Are your circles similar to theirs?
- How do you see the relationship between inner and outer peace?
- In *Evolving Toward Peace*, you describe thought addiction as a major obstacle to inner peace. What is thought addiction?
- What are some simple steps we can take to bring a greater sense of peace into our lives?
- How can people contact you and get involved in your work?
- In your book, you say that to live in peace, we need a kind of education that we aren't getting, and we aren't giving it to children, either. What kind of education are you talking about?
- What advice would you give someone who has a busy schedule but would really like to do something to lead our world in a better direction?
- How can people get involved in your work?